

Drawing workshops in parallel to *Boreali* performances:

Workshops aimed at children, family with kids, youth and adults. These workshops goes around the Aurora Borealis concept. They will involve dance, drawings-paintings and we will do it matching the music.

They will be alone and also in contact (with partners) who through a relation will draw accordingly to body A to body B. How the touch of your partner is: speedy, with a flow or hectic the way the drawing will become.



On your own



In group



In synchronization to your partner and music



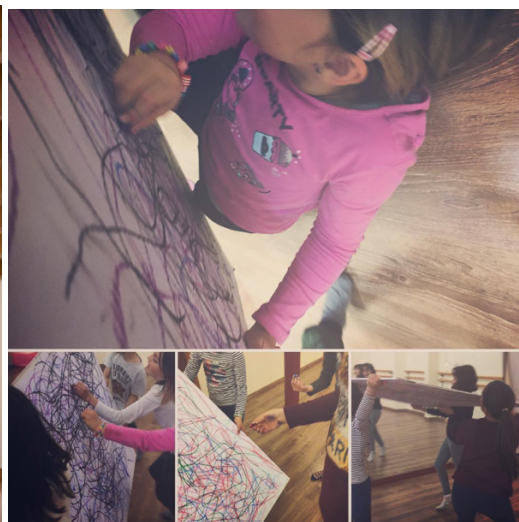
Listening work / question-answer



To this white canvas



To this one



<https://youtu.be/jH2Ud31jb0Y>

Workshops for high schools:



The workshops will be carried out some days before and some days after the performance.

The workshop before the performance is aimed to allow audiences and children be curious about the story of the Northern Lights and its formation. They can be creative and pre-visualize how this phenomenon is or it's formation's story.



The after-performance workshop is carried out so that the children can express what they felt and sensed during the performance in the workshop. They can express themselves through move, drawings-paint and making sounds-with music.



Boreali – Dansinitiativet, Luleå - Sweden

The dancer in the performance Boreali before the shows will choose a painting from someone who participated in the workshop and will reproduce this one with glowing paint during the performance. That way, the dance floor fabric (we call it the moon) will be full with the children's drawings-families.



Boreali – The Seoul International Choreographic Festival Sicf, Seoul - South Korea.

The aim is to do a workshop together but to also build and create a pleasant atmosphere with a sense of belonging, togetherness, self-confidence, discipline and creativity plays the major role. Dance, paint, music around the theme and people's relationships become a shared experience.

We will also hold discussions about the phenomenon and how attractive this one can artistically and socially be.

Description of the artistic practice - workshop of Anna Borràs Company

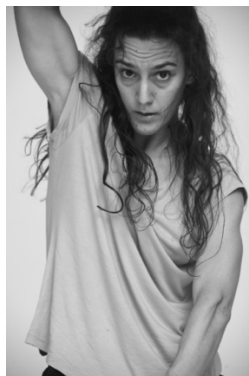
The class is developed in a rich, explosive and fluent fusion between principles of floor work, partner work-contact as well as the contemporary aspects of Anna's own style.

The first part of the class is mainly focusing on spine actions and on an own weight to fully activate the body while adding different layers of mental and physical states.

The second part usually focuses on how to redefine directions and achieve in 3-dimensional mode while creating momentum, smoothness and efficiency in movements, and also breaking the flow with accents through a fixed sequence along with a good background music. - Attention to the environment and what is happening, to be able to respond immediately to any demand.

The third part focuses on the different relationships between bodies. The use of space and the listening between two and more bodies. How to approach and take, how to make good use of your own body with another. In this last part we will be working on some material of our last creation "Boreali". Giving tools in how to be compact, how to use our breath, being detailed-accurate and getting in and out of the floor rapidly.

At the end of the workshop, participants will have gained tools to develop body awareness that will allow them to be reactive and agile with a minimal effort and with different qualities as they travel through space with all their exits open. Relating and making contact with more than one body in space but forming only one. Enhancing technique, coordination and performance quality.



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"Renfilats" TANZtheater INTERNATIONAL Festival Hannover – Staatsoper Hannover

Contact

Anna Borràs Picó
Anna Borràs Company

Friisgatan 33, LGH 1502
214 21 Malmö,
Skåne, Sweden

+34 683333271 / 0733607783

Place of birth: Reus, Catalonia – Spain.
14.08.1989

info@annaborras.com
www.annaborras.com



@BorrasAnna



aborras14



Anna Borràs Company



<https://www.youtube.com/channel/ChDusp2yQJlgwu2oYGE8geA>

